



White Tara Complementary Health & Beauty Clinic
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HYPNOTHERAPY

ANXIETY

CONFIDENCE & SELF ESTEEM

PHOBIAS AND FEARS

PANIC ATTACKS

STOP SMOKING

WEIGHT LOSS

STRESS

EXCESSIVE DRINKING

DANIEL REGAN C.Hyp, MPNLP, MPTLT

Free 30 minute consultation available

www.elymindcoaching.co.uk